Miami-Dade County Public Schools

School Wellness/Healthy School Team Committee Action Plan 2026-2027

School Name & Location Number:	Hammocks Middle 6221
Principal:	Maritza Correa
Phone Number:	305-385-0896
School Wellness/Healthy School Team Leader:	Jonelle Cox Lindsay
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Student- Lizz Caraballo School Administrator-Nicolina Bonilla School food service manager- Maribel Rodriguez Teachers-Jacqueline Blanco, Jonelle Lindsay, Jermaine Brogdon, Courtney Greenidge, Lois Seaman, Eric Huber, Georgina Palomo Physical Education Teacher-Cristyn Rodriguez School Health Professional – Gian Fuentes Community Member- Armando Delgado Parent- Angelica Cabarcas
Committee Meeting Dates (list at least 4):	2nd Tuesday of Every Month
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	☒Nutrition ☒Physical Education ☒Physical Activity ☒Health and Nutrition Literacy ☒Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	**Nutrition:** • Promote breakfast and good eating habits, especially as testing approaches. • Provide healthy meals and snacks daily to students, faculty and staff, through the cafeteria **Physical Education:** • Fitnessgram **Physical Activity:**

	• Promote intramural sports to target all students, especially those who may not have Physical Education **Health and Nutrition Literacy:** • Bring awareness to the nutritional value of healthy eating habits, by promoting on announcements and social media sites. • Physical Education provides Health & Wellness lessons for students. • School Garden to promote Health Literacy to students. • Complete lessons on Navigate 360 to promote healthy habits. **Preventive Healthcare:** • Wellway Wellness Program Include a few more teachers/employees in the school wellness activities.
Sustainability Practices:	Review and collaborate monthly for assessment and strategy development to carry out with our action plan.
Community Engagement:	• School health members pick a fruit or vegetable to highlight during meetings. • School Garden information to be shared with parents and community during our events
Monitoring and Evaluation:	• Committee Meeting sign-in sheets • School Health Fair attendance • Advertise more to increase future student volunteers, as we begin to project next year Social Media postings
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	Afterschool activities: Soccer, Flag Football, Volleyball, Tennis, Basketball and Cross Country